

P. 34 es. 83

$$\operatorname{sen}^2 \alpha + \cos^2 \alpha = 1 \quad \operatorname{sen}^2 \alpha = 1 - \cos^2 \alpha$$

$$\begin{aligned} \cos^2 \alpha - 2 \operatorname{sen}^2 \alpha &= \cos^2 \alpha - 2(1 - \cos^2 \alpha) = \\ &= \cos^2 \alpha - 2 + 2 \cos^2 \alpha = 3 \cos^2 \alpha - 2 \end{aligned}$$

n 85

$$\begin{aligned} \operatorname{sen}^4 \alpha + \operatorname{sen}^2 \alpha - 2 &= (1 - \cos^2 \alpha)^2 + 1 - \cos^2 \alpha - 2 = \\ &= 1 + \cos^4 \alpha - 2 \cos^2 \alpha + 1 - \cos^2 \alpha - 2 = \\ &= \cos^4 \alpha - 3 \cos^2 \alpha \end{aligned}$$

87)

$$\begin{aligned}
 & (1 - \sin \alpha)(1 + \sin \alpha) - 2(\sin^6 \alpha + \cos^6 \alpha) = \\
 & = 1 + \sin \alpha - \sin \alpha - \sin^2 \alpha - 2[(\sin^2 \alpha)^3 + \cos^6 \alpha] = \\
 & = \cos^2 \alpha - 2(1 - \cos^2 \alpha)^3 - 2\cos^6 \alpha = \\
 & = \cos^2 \alpha - 2(1 - \cos^6 \alpha - 3\cos^2 \alpha + 3\cos^4 \alpha) - 2\cos^6 \alpha = \\
 & = \cos^2 \alpha - 2 + 2\cos^6 \alpha + 6\cos^2 \alpha - 6\cos^4 \alpha - 2\cos^6 \alpha = \\
 & = 7\cos^2 \alpha - 2 - 6\cos^4 \alpha
 \end{aligned}$$

n 84 $\alpha \neq k\frac{\pi}{2}$

$$\begin{aligned}
 \operatorname{ctg}^2 \alpha - 1 + \sin^2 \alpha &= \frac{\cos^2 \alpha}{\sin^2 \alpha} - 1 + 1 - \cos^2 \alpha = \\
 &= \frac{\cos^2 \alpha}{1 - \cos^2 \alpha} - \cos^2 \alpha = \frac{\cos^2 \alpha - \cos^2 \alpha + \cos^4 \alpha}{1 - \cos^2 \alpha} = \frac{\cos^4 \alpha}{1 - \cos^2 \alpha}
 \end{aligned}$$